## Create a Kit

Having a 3-Day Kit ready and packed will help prepare your family in the case of an emergency or evacuation. Keep the following items in a sturdy and easy-to-carry container and make sure it's ready to go at all times during the year:

- Copies of important documents in a waterproof container (Photo IDs, proof of residence, insurance, birth certificates, deeds, Social Security Card, etc.)
- Hygiene kit of toothpaste, toothbrush, soap, deodorant, feminine products, shaving supplies, etc.
- Non-expired medication, medical contact information, prescriptions, and first aid kit
- Extra car and house keys
- Bottled water (1 gallon per person/day) and non-perishable food (i.e. granola or energy bars)
- Battery operated radio, flashlight, and extra batteries
- Contact and meeting place information for your household and a small regional map
- Small denomination cash and ATM cards
- Comfortable shoes, raingear, and blanket
- Any special care items

## For baby:

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications
- Moist towelettes
- Diaper rash ointment
- Pedialyte

## For adults:

- Ask your doctor about storing prescription medications such as heart and high blood pressure medication, insulin and other prescription drugs.
- Denture needs
- Contact lenses and supplies
- Extra eye glasses